



ISLINGTON PENSIONERS FORUM

The voice of Islington's older community

August 2019 Newsletter

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Charity No: 1043081

Pic taken by Supa Kusumratana before we got on the coach for the journey home from the the Blackpool Pensioners Parliament on 14 June 2019. The banner was made by members at our Wednesday lunch.



It was good to welcome our president, Jeremy Corbyn to our Annual General Meeting on Thursday 18th July 2019.

Thanks to all those members who came to our AGM, and special thanks to Jeremy, our president who somehow made time to join us. He spoke of the on-going development of Labour's manifesto. . . . the need for a free social care system alongside the NHS; the scandal that over a million people are waiting for care at any one time; the need to end the system of students having to buy their education; the scandal of 15 - 20,000 rough sleepers at any one time; the importance of community and in this connection the building of social housing, overcoming air pollution, the setting up of youth and sports clubs,



after-school clubs and the need to have proper skills training. He said that it was necessary to have a plan to measure the needs of communities in all parts of the country so that these needs could be concretely dealt with. On Brexit, he said there was a need to act to stop "no deal", and said that after talks with members and affiliated trade unions the Labour Party was calling for a people's vote on a Brexit deal with the option of voting for "remain". He answered members' questions before rushing off for a meeting and an important vote in the House of Commons.

Our AGM report — pages 4 - 7

Summer Garden Party

Saturday 17th August, 1 p.m.

In the garden at Highbury View

Music, buffet, raffle

Garden Gate, Ronalds Road,

Islington, N5 1XQ

(Highbury Fields end of Ronalds Road)

Thursday 22nd August. 11 a.m.

Islington Green in Upper Street

for a visit to the

**"Living Under One Sun"
garden and Cafe Connect**

Down Lane Park, Park View Road, N 17 9EX

A VIEW FROM THE CHAIR

I thank Jeremy Corbyn, our president for attending our Annual General Meeting. He gave a good account of what is happening nationally and in Islington. And I also want to thank our members — the quality of their questions was excellent as usual and it was really welcome that Jeremy gave lots of time to listen to and answer these questions.

I think the following “balance sheet” gives a “bird’s eye view” of the inequalities that need to be overcome... those who are hit by government austerity measures and those who are not.

A SHAMEFUL “BALANCE SHEET”

14,000,000 ordinary people live in poverty

Professor Philip Alston visited UK towns and cities to produce a report (November 2018) commissioned by the United Nations.

He said “Observers might conclude” that the DWP is “designing a digital and sanitised version of the 19th Century workhouse made famous by Charles Dickens”.

14 million people in the UK — a fifth of the population — live in poverty, and 1.5 million people experience destitution (less than £10 a day after housing costs or going without at least two essentials such as shelter, food, heat, light, clothing or toiletries during a one-month period). About 60 per cent of people in poverty are in families where someone works.

Prof. Alston said the UK’s social safety net had been “deliberately removed and replaced with a harsh and uncaring ethos”. People are choosing between heating their homes or eating, children turn up at school with empty stomachs. There is increased homelessness and food bank use. He had heard “story after story” of people who had considered or attempted suicide.

600 aristocratic families live in luxury

“Britain’s 600 aristocratic families have become as wealthy as they were at the height of Empire” reports Cahal Milmo in the *Independent* (21/22 July).

This is revealed in a study by two academics at South London University, Dr. Matthew Bond and Dr. Julien Morton.

It shows that the nation’s dukes, marquesses, earls, viscounts and barons benefited from Thatcher’s economic liberalisation policy and their wealth now stands on average at £16.1 million.

However, this is not the full story because their land, property and assets such as art collections and investment portfolios are held in separate trusts which are not open to scrutiny.

Milmo says that unlike the rest of us the aristocrats “more than weathered the economic problems caused by the 2008 financial crisis, apparently using existing assets to take advantage of low interest rates to buy stocks and shares and other investments which rocketed in value”.

The Whittington Park Community Association

I went to the Social Club in Whittington Park, a haven on the Holloway Road. The park has had a big refurbishment recently. At the entrance is a flowering bank and the park’s trademark Dick Whittington’s cat, made out of plants.

The Manager, Ann Mason gave me a tour of the centre and a rundown of the activities for the over 55s

A men’s club meets every Monday from 11am-1pm. Membership is free. There is a pool table, table tennis, newspapers, and tea and coffee are available.

Social Club55+ has weekly activities with a 3-course lunch (£5.00) in their cafe. Join the club and your first lunch is free.

So if you live in Holloway or on any of these bus routes: 43, 271, 263, 7, please go along; meet Alex the 55+ coordinator or Ann to be sure of a very warm welcome.

Bob Collins

Jennette Arnold, London Assembly Member for North East (Hackney, Islington & Waltham Forest) will speak at our September Forum meeting. Here is an edited version of her letter in the Islington Tribune (26 July)

The causes of violent crime are multi-faceted and complex ... compounded by the government’s £1 billion cut to the Met. Police budget by 2023. We must do everything in our capacity to stop it in its tracks and this must include being tough on the root causes of crime. There is a significant link between poverty and violent crime — something widely acknowledged, but not talked about nearly enough on the public stage.

The mayor is addressing this issue through the roll-out of a £45 million Young Londoners’ Fund as part of his wider public health approach model. There’s no escaping the fact that violent crime is one of the side-effects of government austerity. We now need everyone — communities, the police and politicians — to play their part in tackling these vile acts.

NHS News Pam Zinkin

The new prime minister was selected with less than 100,000 votes out of an electorate of about 46 million. Whatever your feeling about that, his trade deal with the USA will involve the NHS.

There is such a lot happening as usual in our NHS that one wonders if it is on purpose to confuse doctors, health workers, experts and the public! But last month I wrote that I would say something about GPs this time. So, if like me, you are finding it difficult to get a GP appointment, let alone see the same doctor, you are wondering why.

First, there aren't enough doctors overall. We are 10,000 short. Many GPs are retiring as soon as they can. The number of patients they are supposed to see a day is about 40 with ten-minute appointments! Many of us need longer than that and most GPs want to spend whatever time the patient needs.

The integration of social and medical care is clearly needed but the way it is being done poses problems for general practice and opportunities for the private sector.

Initially called ACOs, now ICOs moving to a fully integrated ACO means saying goodbye to the current model of general practice, and the end of the independent contractor status for GPs. Dr Kailash Chand says it means that GPs will no longer be independent advocates for their patients and local communities.

Simon Stevens, the NHS England chief executive, had said he did not want NHS managers consumed by thoughts of organisational restructuring and their own positions. Yet now this is happening at an unstoppable pace. GPs and social services, already grossly over-

stretched, will be expected to do more.

We are heading for the complete demise of all NHS standards. This is really the beginning of the end of the NHS, and the start of a third-world standard health system with probably a private insurance scheme or even direct payment for a few.

But maybe that is the plan in Chands view. He says CCGs are the last vestiges of local accountability to local people, and port of call to local GPs. Islington health structures are already having to work with those of Haringey, Camden, Edmonton and Barnet (north central London where you now live without your opinion being taken into account).

ICPs can be privately run and in the US model, which inspires them. They overrule the CCGs, the GPs, local councils, social care structures and of course the patients and public.

At the same time there is a clear trend for larger practices of more than 20 000 patients. NHS England's plan is to have about 50 000! So there will be other staff, from medical assistants, physios, maybe a social worker, nurses (good but we are 40,000 short).

When you ask for an appointment with your GP you may be seen by any of the staff. Very likely if you are older and labelled 'frail'. It could be good but only IF there is enough trained staff and finance. But a disaster if it is run for profit.

The BMA has serious concerns about ICP contracts which leads to them giving up their General Medical Service contracts. As they say, this could leave their patients worse off.

This is before the frightening trade talks!

Are you 50-85? Would you like to register to take part in a dementia study?

Dementia is a condition that affects over 850,000 people over the age of 65. Currently there is no cure, although research into better treatments and ways of preventing dementia is a global healthcare priority. Over recent years the prospect of preventing dementia has become a reality, and there is now an urgent need to discover and develop new methods and effective treatments that can prevent or delay the disease.

We believe there are many things that can be done which may reduce the risk of developing age-related illnesses, memory problems or dementia in later life.

The CHARIOT register has been organised by the School of Public Health at Imperial College, London. It is a list of healthy volunteers aged 50-85 who are interested in taking part in studies in the prevention of dementia. Its main research aims are to better understand risk and protective factors for dementia and help

develop methods for early prediction and prevention.

Once a person has agreed to be on the Register they will receive information about CHARIOT and studies looking at dementia prevention. If a study is developed they will be contacted to ask whether they would be interested in taking part.

Studies may vary from simple questionnaires to clinical trials investigating new preventative treatments. You are under no obligation to take part in any study just because you have agreed to be on the Register.

More volunteers are still needed to help. To request a sign-up pack or for more information please

- phone: 020 7594 8886,
- email dementia.prevention@imperial.ac.uk
- or visit the website: www.chariotregister.org

Report to AGM held on 18th July 2019

Foreword

On 2nd September last year, nine days after his 94th birthday, George Durack, our long-time chair, died. It is not possible to adequately describe how much we miss him. The message we received from George for last year's Annual General Meeting is a fitting foreword to this report:

"It is important that our Forum and the whole pensioners' movement continue to campaign relentlessly for today's and tomorrow's pensioners. Stronger and stronger action is necessary from us all to ensure the provision of health and care for the future of our children and our grandchildren.

Although I do not choose to be in hospital, the experience has shown me and convinced me more than ever that our NHS staff are doing everything in their power to carry forward the best possible care for all, yet our country's leaders are deliberately underestimating the finance required to ensure this magnificent service.

This cheating, pretending and repeating the same old answers to our questions – telling us that they are providing adequate funding – means that we must stand up and be counted to defend our NHS and care services.

Stronger and more forceful action for change is the only way our voices will be heard by a government that will not listen. Let's carry forward Islington Pensioners Forum!"

George sent another message — his last "Chairman's Notes", published in our September 2018 Newsletter. In view of the continuing attacks on our president, Jeremy Corbyn, we want to remind our members of this:

"Thinking about the dangerous political situation facing us, leads me to say to all my friends in Islington Pensioners Forum: Remember that our president, Jeremy Corbyn is on our side of the fence!

When Jeremy visited me recently in hospital, he came straight from getting off the train from a tiring visit to Edinburgh and he was smiling and joking all the time. But out of necessity, over many years of responsibility in the Labour and Trade Union movement, including serving as a Councillor when Margaret Hodge was the leader of Islington Council, I know the kind of treachery he is facing.

With him sitting beside my hospital bed, I could

see in my "mind's eye" the "guns" pointing at his back, not only from the other side in the House of Commons, but also from within his own party and much of the media.

They all know that Jeremy hasn't got a racist/anti-semitic bone in his body! But their purpose is to destroy and defeat him by whatever means before the next general election. It is difficult to imagine how he is withstanding this constant and unceasing attack which started as soon as he won the right to be a candidate in Labour's leadership election in 2015.

I am therefore convinced that members of Islington Pensioners Forum will join me to reject these attacks and stand up for Jeremy just as he stands up for us!"

Introduction

Unfortunately, the quote from a National Pensioners Convention pamphlet in our last annual report is relevant today:

"The entire process of Brexit and all it entails has effectively brought all other government activity to a standstill. There is no additional time in Parliament to debate any other legislation, and our national media is consumed with how negotiations are processing and the likely outcomes, along with the internal fighting inside the Conservative Party."

To most people the parliamentary stalemate on Brexit should have meant the calling of a general election so that the people could decide how to proceed. Instead the whole country is awaiting the outcome of the vote by around 160,000 members of the Conservative Party (that's around .03% of the voting population) to decide who will be the next Prime Minister of a minority government! The question must be asked: is this an abuse of our democratic rights?

Meanwhile attacks on our human rights go on apace. The Institute of Fiscal Studies report says that Council spending on local services has fallen by more than a fifth since 2010; pressures continue to grow in children's services, adult social care and efforts to tackle homelessness and this means increasingly less money for councils to fund other vital services – e.g. repairs, roads, parks, libraries, community centres, youth clubs and improvements to overcome damage to the en-

vironment. Councillor Richard Watts, leader of Islington Council and also chair of the Local Government Association's resources board says: "councils in England could face an overall funding gap of £8 billion by 2025. . . . councils will have lost almost 60p in the £1 from central government for local services in the decade to 2020".

It is in this situation that some politicians, the Intergenerational Foundation think-tank and the media tell us that the older generation has "pulled up the drawbridge" on the young – that pensioners have escaped austerity and have deliberately accumulated considerable wealth at the expense of their children and grandchildren. We reject this! It is not true! The state pension is fourth from bottom in Europe and social care is in extreme crisis. 40,000 older people a year are losing their homes to pay for care.

Instead of creating a phoney war between the generations, government should be aiming to improve the income, health and welfare of all generations. The real unfairness and inequality is between the very rich and the rest of society. Islington Pensioners Forum is determined to build our links with young people for GENERATIONS UNITED.

The National Pensioners Convention (NPC)

Islington Pensioners Forum is part of the national "family" of pensioners in the National Pensioners Convention, founded 40 years ago in June 1979 by Jack Jones, assisted by the Trades Union Congress. We send delegates to the NPC London Region and so take part in deciding on the delegations to the NPC biennial delegate conference which decides policy and elects officers. The NPC's Declaration of Intent states: "*This Convention declares that every pensioner has the right to choice, dignity, independence and security as an integral and valued member of society.*"

The Pensioners' Parliament

Each year the NPC holds a "parliament" in Blackpool and for the last two years we have joined with the Tottenham Pensioners Action Group to attend this important event. Travelling together and staying together gives us the chance to get to know each other and the parliament also gives us the opportunity, not only to learn more about the issues affecting pensioners and the wider community but to meet with pensioners from all over the

country. The cost of £250 a head pays for the return coach journey and the hotel (with bed, breakfast and evening meal) from Monday to Friday. Unusually we do not have the dates for next year because cuts to local government funding mean that Blackpool Council is not able to give us as much assistance as they have in the past to pay for the meeting rooms and the evening social. We will not pass on the extra cost to our members and so are looking into the possibility of making alternative arrangements at a lower cost.

Support from Islington Council and other grants

The last £10,000 of the three-year grant is due in December this year. We thank the Council and the Cripplegate Foundation for this and for their confidence in us to be at the heart of the pensioner community in the borough. To carry out our commitment to the Council to be the pensioners' "hub", we had received last year a £10,000 grant from the Lottery Fund to set up a dedicated web site with information about the borough-wide events and activities for pensioners. We had hoped to launch this at this AGM. However, unfortunately, we need to make some changes to the work done so far to make it more user-friendly and we are now planning to make the launch early in the new year.

We have been informed that we will be in receipt of two grants from the Local Initiatives Fund — one for £475 sponsored by Highbury East Councillors for our garden party (to be held on 17th August) and one for £1,200 for our IT classes sponsored by St. Mary's Ward Councillors. We have also received donations from a number of Waitrose shops, the Co-op and Tescos.

IPF organisation & activities

Committee: At the first meeting after the AGM the committee agreed on Bob Collins to be chair, Dot Gibson to be secretary, Annette Thomas to be assistant secretary and Eric Hill to be treasurer. The committee has met throughout the year on the first Monday of the month and has taken responsibility for forum meetings and the newsletter (production and distribution).

Subscriptions: There is a proposal to make the £5 annual membership fee mandatory and we would like this AGM to refer this to the new com-

mittee for discussion and recommendation.

About ten years ago there was a membership fee. This ended, but it was introduced again five years ago, and at that time it was decided that people who could not afford it would not have to pay. The Committee still believe this, but it does seem that people may be taking advantage of the fee not being mandatory. Of the 352 members who receive the newsletter by post (which costs more than £5 a year) 70 people have paid this year, 94 have not paid this year but have paid in some previous year, and 188 have never paid.

Forum meetings: We have had speakers on the **Windrush scandal**, Luke Daniels — chair of Caribbean Labour Solidarity, **the government's 10-year plan for the NHS and its consequences** — Professor Sue Richards; **climate change** — Friends of the Earth; **Islington's social services** — Will Lewis; **Health Watch** — Emma Whitby; and Arthur Tollington, chair of the **Windrush Association**. Unfortunately, Dave Ward, general secretary of the communications Workers Union did not make it to speak because of the funeral of a member of his union, but we have him on our list for future meetings.

Campaigning: We have supported the protest picket against opening another Sainsbury's shop at 29-31 Blackstock Road (in the old police station); we had a stall at the "Go Islington" event on 28th July on Highbury Fields; we were represented at a Black Art Productions event in Haringey on knife crime on 10th August; we were on the NPC annual Lobby of Parliament on 24th October; we joined others on a campaign stall at the Commonwealth Fair in Kensington Town Hall in November; we were represented at the National Housing Summit on 8th December; we had a stall at the shopping arcade Holloway Road for National Dignity Action Day on 1st February; members Margaret Harwood, Supa Kusumratana and Myrna Talbot were on a delegation presenting a petition to 10 Downing Street protesting at the frozen pensions to older people who leave the UK to live in one of 154 countries in which the UK will not pay pension increases despite those people being eligible, having worked and paid their full National Insurance contributions. Following our letter of support in *Islington Tribune* for the school children and students' strike on global warming, Bob

Collins was interviewed with student Natalie Sowden in the paper; we supported the petition against post office closures; we had a campaign stall at the Haringey older people's day event on 7th March; we took part in the lobby of Parliament and meeting in Portcullis House protesting about the ending of free TV licences for over 75s; we also took part in the demonstration at the BBC on this issue on 21st June.

Other activities: We have our Wednesday lunches, and the regular IT classes at the moment, but we have not yet started the Monday bingo sessions and we have yet to set up the film shows. Anyway here is a list of the various other activities during the year:

On 16th August we had an outing to Crews Hill — unfortunately it poured with rain all day, but we enjoyed our pub meal! On 22nd September we had what has become our annual garden party at Highbury View (it rained all day again!) and we bought a new bigger gazebo so that people could keep dry both in the on-site bungalow and in the garden — anyway we received thank-you notes saying that it was an enjoyable day. We had our Christmas lunch on 15th December; we had our "end the winter blues" get-together at our February forum meeting with a buffet. Bob and Pam represented us at the Armistice Day event at the war memorial on Islington Green; we were represented at the Holocaust memorial day; we were represented at a Food and Nutrition event and met a group called "Living Under One Sun" (we are planning to visit their garden and café in August this year); Myrna Talbot and Dot Gibson were both included in Council awards. We were particularly proud that the Council is now including a new award — The George Durack award — to a care worker and this year it was presented by his daughter Elaine.

We make special mention of Doreen Kelly who died this year. She had hosted the Monday bingo sessions in our hall for many years, and had retired from this a few months beforehand. Doreen was a kind, thoughtful, humorous friend, who encouraged all her bingo people to join Islington Pensioners Forum.

The monthly newsletter: In general our newsletter reports on the speakers who have addressed our Forum meetings; we have a regular column by Pam Zinkin on the NHS and we have "View from

the Chair” in which Bob Collins continues on from George Durack’s “Chairman’s Notes”. In addition we do our best to keep members informed of campaigns and information, and we are really keen that members give us views and news. We have been really pleased to publish two poems by Eula Harrison on the Grenfell Tower fire and the tragedy of knife crime, and we had a poem on the Holloway Road, sad at gradually losing its Irish life, by Finbar Wall.

Also, for the whole year we have been publishing in each issue a chapter of “A letter to Granny Smith” about the changes that have taken place in the job of our posties. We are hoping that this will encourage members to tell us about the changes to their jobs with new techniques and privatization. One of the things that we learn in conversations at our Wednesday lunches is that we are not just pensioners with “funny” knees and hips etc. – we also carry with us our on-the-job training as nurses, print workers, London Transport workers, postal workers, teachers, local government workers etc.

The Web Site: We are glad to say that Bronwen Handyside, our co-ordinator is keeping the Islington Pensioners Forum website up to date with great pictures and information as well as a file of our monthly newsletters. We urge as many mem-

bers as possible to remember to look at this and keep up to date:

www.islingtonpensionersforum.org

Our thanks: Finally, we thank **Bronwen**, who, despite great personal commitments to her very sick partner over the entire period, has carried out trojan work on the website, keeping in touch with the Council officials and putting in a lot of time making grant applications and following up on email correspondence and hall bookings etc; **Myrna** who keeps our hall and office clean, organises the weekly lunches and is always there on all our important occasions; **Mohammad**, who keeps our finance records and makes sure that we are working properly within the boundaries; **David**, who keeps our membership records and takes responsibility for dispatch of the newsletter with **Blanche, Pam, Annette, Joyce and Viv**; and **Supa**, who has replenished and revitalised our garden with the help of David.

Post Script: We are in discussion with the Council about placing a bench and planting a tree in memory of George Durack — over £1,000 was donated in his memory.

*Report presented by **Bob Collins** — chair
Dot Gibson — secretary*

Private offshore companies not the way to run care homes

Most UK care homes were managed by local authorities until Margaret Thatcher reformed the system; now just 8 per cent are under state control. All four of Britain’s biggest care home businesses have been up for sale in the past year and have failed to secure deals, partly due to the financial pressure of a long-term fall in local authority fees. This is fuelling questions as to whether debt-laden private investors are the right providers of a vital state-funded service.

Care England, which represents the independent providers, estimates that around £4bn is needed from government to stabilise the sector. Strains have been highlighted by the collapse of Southern Cross in 2011 and more recently Four Seasons being taken over by its creditors after its private equity owner, Terra Firma, ran out of cash to meet interest payments in 2017.

Nick Hood, debt restructuring adviser at Opus, the social care analysts, said that the figures show that the debt laden model, which demands an unsustainable level of return, is completely inappropriate for social care.

Although Terra Firma has taken a £450m loss on Four Seasons, it posted a pre-tax profit in January and a sale of some of the more profitable care homes it still owns is under way. Meanwhile, HC-One, the UK’s largest care home operator, has paid out at least £48.5m in dividends in the past two years despite warnings that local authority funding cuts had brought the sector to the brink of a financial crisis.

Understanding where taxpayers’ money is going is essential if Britain is to resolve the funding crisis in elderly care. This is made difficult by the companies’ complex, multi-layered offshore private equity structures. For instance, HC-One has about 22,000 beds and 340 care homes in a corporate structure with around 50 companies, registered offshore either in the Cayman Islands or Jersey and a further five in the UK as foreign entities.

In the meantime, 40,000 family homes a year are being sold to pay for care and over a million people are waiting for care which local authorities are finding more and more difficult to provide.

Information from Financial Times, 18 July 2019

INFORMATION

Please do not hesitate to send us items of news or opinions for publication in our Newsletter. Send to address on front of Newsletter.

BINGO	This is suspended for the time being. We will keep you informed.
Lunch and a chat on Wednesdays	1 pm in IPF Hall, 1a Providence Court, Providence Place N1 0RN
IT and Smart Phones on Wednesdays	3.30 pm in the IPF Hall, address above
Thursday 17th August	1 pm IPF GARDEN PARTY AT Highbury View
Thursday 22nd August	Visit to the Living Under One Sun garden and Cafe Connect. . . . Down Lane Park, Park View Road, N 17 9EX
Thursday 19th September	10.30 am Forum at Islington Town Hall. Speaker GLA Cllr. Jennette Arnold also Bernard Manson, Drayton Park School

Claude Moraes MEP invited to speak in October or November on: "Brexit – where we are and what next?"

DON'T SWITCH US OFF! GOVERNMENT SHOULD FUND THE OVER 75s FREE TV LICENCE

If the BBC goes ahead with its decision to introduce a means-tested system for the over 75s TV licence from next June, it will mean that the free licence will be taken away from 3.7m people and a further 1.3m who are eligible for Pension Credit but don't claim it.

On 13th June, pensioners attending the "parliament" in Blackpool demonstrated at the BBC's Salford Media Centre and were joined by actor, Ricky Tomlinson. Then, on the following Friday, 21st June, over 20 demonstrations took place across the UK outside local BBC offices. N Ireland, Scotland and Wales also held protests and in London the campaigners also stopped the traffic in Oxford Circus. Throughout this period, the NPC had a tremendous amount of media coverage in newspapers, radio and on TV.

Only the Conservative Party MPs refused to say that the government should continue to fund the concession, and ahead of a debate the NPC urged its regions to put pressure on the government to change its stance, and general secretary Jan Shortt lobbied Boris Johnson at one of the Conservative Party leadership hustings meetings.

Lord Foulkes tabled various questions, e.g. on the impact of the decision on those with sight impairment; what plans there are to provide additional support to deal with an increase in the cases of non payment by vulnerable defendants; and what arrangements are in place to ensure continued democratic engagement.

The next stage of the campaign is the delivery of the petition to Downing Street on 1st August. This now stands at well over half a million signatures.

The NPC might organise an event to coincide with the Autumn spending review, and there could be a general election. Everyone agrees that this is a campaign that we must win; otherwise the government will begin to look at the winter fuel allowance and other benefits.

NEW MEMBER <input type="checkbox"/>	RENEWING SUB <input type="checkbox"/>
NAME:	
ADDRESS:	
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POST CODE:	
TELE NO:	
EMAIL:	
ANNUAL SUB ENCLOSED.....£5.00	
PLUS DONATION?.....	
Cheque payable to: IPF Send to:	
Islington Pensioners Forum, 1a Providence Court, Providence Place, Islington N1 0RN	
Or hand in at Forum meeting (see above)	